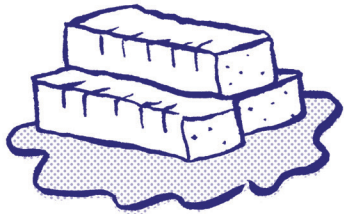


# ESSEX FETA



# LESBOS

## BRINE RECIPE



DIFFERENT SALTS MAKE DIFFERENT INTENSITIES OF BRINE. FOR THE CHEMISTRY NERDS OUT THERE, THE GOAL FOR ESSEX FETA LESBOS IS AN INTENSITY OF 5 BAUME' - A 4% BRINE SOLUTION.

FLIP THIS OVER FOR THE RECIPE.

# KOSHER SALT

USED IN 90% OF  
COMMERCIAL KITCHENS.

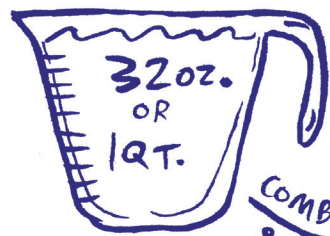


# SEA SALT

WHAT THEY USE  
FOR BRINE ON LESBOS.

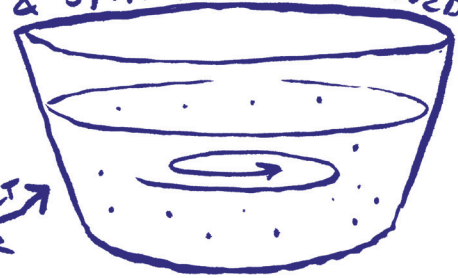


OR



COMBINE SALT  
& WATER

& STIR UNTIL DISSOLVED.



BE SURE

TO



KEEP

FETA



SUBMERGED

IN



BRINE.

